

I Am —————

LOST IN LINE

————— *Dance*

The Brokenhearted

48 count, 2 wall, Improver level

Choreographed January 2026 by Charles Alexander (Swe)

Music: Brokenhearted by Gabry Ponte feat. Train

Album: Brokenhearted (2.33 min)

Intro: 16 counts, approx. 6 sec – 135 bpm



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Sequence: A, B, A, A, B, B, A, A, B, A

PART A (Danced at Nighclub 2 Step timing, 68 bpm)

1 – 8 STEP, STEP, ½ TURN, STEP, FULL TURN, ROCK FWD, RUN BACK L-R, ¼ SWAY LEFT, SWAY R-L

1-2& Step R forward (1). Step L forward (2). ½ turn right taking weight on R (&). [6:00]

3-4& Step L forward (3). ½ turn left stepping R back (4). ½ turn left stepping L forward (&).

Non-turning option: Step R forward (4). Step L forward (&).

5-6& Rock R forward (5). Run L back (5). Run R back (&).

7-8& ¼ turn left stepping L to side swaying body L (7). Sway body R (8). Sway body L (&). [3:00]

(These steps are the exact same as the first 8!)

9 – 16 STEP, STEP, ½ TURN, STEP, FULL TURN, ROCK FWD, RUN BACK L-R, ¼ SWAY LEFT, SWAY R-L

1-2& Step R forward (1). Step L forward (2). ½ turn right taking weight on R (&). [9:00]

3-4& Step L forward (3). ½ turn left stepping R back (4). ½ turn left stepping L forward (&).

Non-turning option: Step R forward (4). Step L forward (&).

5-6& Rock R forward (5). Run L back (5). Run R back (&).

7-8& ¼ turn left stepping L to side swaying body L (7). Sway body R (8). Sway body L (&). [6:00]

PART B (Full speed! 135 bpm)

1 – 8 STEP, SIDE ROCK, RECOVER, BEHIND-SIDE CROSS, SWAY R-L-R

1-3 Step R forward (1). Rock L to side (2). Recover onto R (3).

4&5 Step L behind R (4). Step R to side (&). Cross L over R (5).

6-8 Step R to side swaying hips R (6). Sway hips L (7). Sway hips R (8).

9 – 16 STEP, SIDE ROCK, RECOVER, BEHIND-SIDE CROSS, SWAY L-R-L

1-3 Step L forward (1). Rock R to side (2). Recover onto L (3).

4&5 Step R behind L (4). Step L to side (&). Cross R over L (5).

6-8 Step L to side swaying hips L (6). Sway hips R (7). Sway hips L (8).

17 – 24 CROSS STOMP, ½ TURN TOE & HEEL & HEEL & TOE & HEEL & WALK R-L

Note: Steps 2&3&4&5&6& gradually makes a ½ turn left. Steps done on the spot.

1-2& Stomp R over L. (1). Tap L toes behind R (2). Step down on L (&).

3&4& Dig R heel forward (3). Step down on R (&). Dig L heel forward (4). Step down on L (&).

5&6& Tap R toes behind L (5). Step down on R (&). Dig L heel forward (6). Step down on L (&). [12:00]

7-8 Step R forward (7). Step L forward (8).

25 – 32 ROCK FWD, RECOVER, WALK BACK R-L, STOMP OUT R-L, SLAP x2

1-2 Rock R forward (1). Recover onto L (2).

3-4 Step R back (3). Step L back (4).

5-6 Stomp R to side (5). Stomp L to side (6).

7-8 Slap both thighs with both hands back (7). Slap both thighs with both hands forward (8).