

Whistle While You Twerk

32 count, 4 wall, Beginner level Choreographed February 2023 by Charles Alexander (Swe) **Music:** High Heels (Whistle While You Twerk) by Flo Rida feat.

Walker Hayes & secs on the beach

CD: High Heels (Whistle While You Twerk) (2.42 min)

Intro: 16 counts, approx. 8 sec - 120 bpm



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1 – 8	HIP BUMPS R-L-R, HIP BUMPS L-R-L, BUMP R-L, RIGHT COASTER STEP
1&2	Bump hips R. Bump hips L. Bump hips R. (Weight ends on R)
3&4	Bump hips L. Bump hips R. Bump hips L. (Weight ends on L)
5-6	Bump hips R. Bump hips L. (Weight ends on L)
7&8	Step R back. Step L beside R. Step R forward.
(If you can, feel free to twerk instead during counts 1-6 and don't forget to whistle to the song! 😉)	
<b>9 – 16</b> 1-2 3&4 5-6 7&8	MAKING ¾ TURN LEFT: WALK L-R, LEFT SHUFFLE FORWARD, WALK R-L, RIGHT SHUFFLE FORWARD  Step L forward. Step R forward. (Making 1/8 turn left)  Step L forward. Step R beside L. Step L forward. (Making ¼ turn left)  Step R forward. Step L forward. (Making 1/8 turn left)  Step R forward. Step L beside R. Step R forward. (Making ¼ turn left) [3:00]
<b>17 – 24</b> 1-2& 3-4& 5-6 7&8	ROCK SWITCHES FORWARD L-R-L, LEFT SHUFFLE BACK Rock L forward. Recover onto R. Step L beside R. Rock R forward. Recover onto L. Step R beside L. Rock L forward. Recover onto R. Step L back. Step R beside L. Step L back.
<b>25 – 32</b> 1-4	BACK, TOUCH, FORWARD, TOUCH, SIDE, TOUCH, SIDE, TOUCH, OUT-OUT (R-L), KNEE POPS Step R back. Touch L beside R. Step L forward. Touch R beside L.

Step L to side. Step R to side. Pop knees forward lifting heels. Lower heels. (Weight ends on L)

Ending: During wall 10, starts facing 3:00

&5&6

&7&8

Dance up to count 8 and make a total of 1+1/4 turn left during counts 9-16, ends facing 12:00!

Step R to side. Touch L beside R. Step L to side. Touch R beside L.