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Sleepin' Around

32 count, 2 wall, Novice level, Cha Cha
Choreographed October 2017 by Charles Alexander (Swe)

Music: Sleepin' Around by Austin Burke

CD: Sleepin' Around - EP (2.57 min)

Intro: 16 counts, approx. 10 sec – 107 bpm

Start dance facing 1:30

- 1 – 8 STEP, FORWARD ROCK, SWEEP, SAILOR STEP, TOGETHER-CHANGE, EXTENDED CHA CHA RIGHT**
1-3 Step R forward toward 1:30. Rock L forward. Recover onto R and sweep L from front to back, squaring up to 12:00.
4&5 Cross L behind R. Step R to right side. Step L to left side.
6& Close R beside L. Shift weight from R to L.
7&8&1 Step R to right side. Step L beside R. Step R to right side. Step L beside R. Step R to right side.
- 9 – 16 CROSS ROCK, 1/4 TURN LEFT CHA CHA, STEP, 1/2 TURN, SIDE MAMBO, FLICK 1/4 TURN**
2-3 Rock L over R. Recover onto R.
4&5 Step L to left side. Step R beside L. Make 1/4 turn left and step L forward. [9:00]
6-7 Step R forward. Make 1/2 turn left shifting weight to L. [3:00]
8&1 Rock R to right side. Recover onto L. Make 1/4 turn right while stepping R beside L and flick L back. [6:00]
- 17 – 24 WALK L-R, CROSS-SIDE-BEHIND, BEHIND-SIDE-CROSS, 1/4 TURN LEFT CHA CHA**
2-3 Step L forward. Step R forward.
4&5 Cross L over R. Step R to right side. Cross L behind R and sweep R from front to back.
6&7 Cross R behind L. Step L to left side. Cross R over L.
8&1 Step L to left side. Step R beside left. Make 1/4 turn left and step L forward. [3:00]
- 25 – 32 STEP, 1/2 TURN, CHA CHA FORWARD, 7/8 SPIRAL TURN, CHA CHA FORWARD**
2-3 Step R forward. Make 1/2 turn left shifting weight to L. [9:00]
4&5 Step R forward. Lock L behind R. Step R forward.
6-7 Step L forward. Spiral 7/8 turn over right shoulder keeping weight on L, end facing 7:30.
8& (1) Step R forward. Lock L behind R. (Step R forward. First step of dance.) [7:30]

Tag: Danced after the 2nd (12:00), 4th (6:00) and 7th (6:00) wall

- 1 – 8 STEP, TURNS WITH HIP ROLLS x2, SYNCOPATED SIDE MAMBO R-L, HOP OUT-IN**
1-2 Step R forward. Make 1/4 turn left stepping L beside R rolling hips counterclockwise. [9:00]
3-4 Step R forward. Make 1/4 turn left stepping L beside R rolling hips counterclockwise. [6:00]
5&6 Rock R to right side. Recover onto L. Step R beside L.
&7& Rock L to left side. Recover onto R. Step L beside R.
8& Jump both feet out. Jump both feet in. (Weight ends on left foot.)