

I Am _____
LOST IN LINE
_____ *Dance*

Mamma (Mother)

32 count, 4 wall, Intermediate level, Night Club Two Step
Choreographed January 2023 by Charles Alexander (Swe)

Music: Mamma by Albin Lee Meldau

CD: Så Mycket Bättre 2022 -Tolkningarna (3.36 min)

Intro: 16 counts, approx. 14 sec – 68 bpm



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- 1 – 8 BACK ROCK, HITCH FULL TURN, JAZZ BOX, CROSS, BASIC, LUNGE, ¼ TURN, ½ TURN**
1-2 Rock R back. Make a full turn left and recover onto L while hitching R.
(Easy option: Omit the full turn and just hitch R.)
3&4& Cross R over L. Step L back. Step R to side. Cross L over R.
5-6& Step R to side. Cross L slightly behind R. Cross R over L.
7-8& Lunge L to side. Recover onto R making 1/4 turn right. Make 1/2 turn right and step L back. [9:00]
- 9 – 16 COASTER STEP, OUT-OUT, RUN L-R, BACK w/SWEEP L-R, BEHIND-SIDE-CROSS-SIDE ¼ TURN ARC**
1&2 Step R back. Step L beside R. Step R forward.
3&4& Step L forward and out. Step R forward and out. Step L back. Step R back.
(Optional styling 3&: Step up on toes.)
5-6 Step L back sweeping R from front to back. Step R back sweeping L from front to back.
7&8& While turning 1/4 left in an arc: Cross L behind R. Step R to side. Cross L over R. Step R to side. [6:00]
- 17 – 24 CROSS w/SWEEP, CROSS-SIDE, BACK ROCK, RUN R-L w/KICK, BACK, 3/8 TURN, STEP, STEP, TURN ½**
1-2& Cross L over right sweeping R from back to front. Cross R over L. Step L to side.
3-4 Open up to 7:30 and rock R back. Recover onto L.
&5 Step R forward. Step L forward and kick R forward with straight leg. [7:30]
6&7 Step R back. Make 3/8 turn left and step L forward. Step R forward. [3:00]
8& Step L forward. Make 1/2 turn right taking weight on R. [9:00]
- 25 – 32 WALK L-R, STEP, ½ TURN, ½ TURN, COASTER STEP, STEP, ROCK-RECOVER**
1-2 Step L forward. Step R forward.
3&4 Step L forward. Make 1/2 turn right taking weight on R. Make 1/2 turn right and step L back. [9:00]
5&6 Step R back. Step L beside R. Step R forward.
7-8& Step L forward. Rock R forward. Recover onto L.

Tag: After wall 2 (facing 6:00)

1-6 REVERSE ROCKING CHAIR

1-4 Rock R back. Recover onto L. Rock R forward. Recover onto L.