

I Am —————

LOST IN LINE

————— *Dance*

In The Worst Way

32 count, 2 wall, Intermediate Rolling 8

Choreographed January 2026 by Charles Alexander (Swe)

Music: Worst Way by Riley Green

Album: Worst Way (3.40 min)

Intro: 16 counts, approx. 15 sec – 66 bpm



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1 – 8 R CROSS ROCK, FULL ROLLING TURN, L CROSS SAMBA, R WEAVE, SWAY L-R, BALL

1-2a Rock R over L (1). Recover onto L (2). ¼ turn right stepping R fwd (&). [3:00]

3-4 ½ turn right stepping L back (3). ¼ turn right stepping R to side (4). [12:00]

5&a Cross L over R (5). Rock R to side (&). Recover onto L (a).

6&a Cross R over L (6). Step L to side (&). Step R behind L (a).

7-8a Step L to side swaying body L (7). Take weight on R swaying body R (8). Step L beside R (a).

Restart here during Wall 3

9 – 16 SIDE ROCK, FULL SPIN, SWEEP-SWEEP, R SAILOR, L SAILOR, SWEEP, BEHIND, ¼ TURN

1-2 Rock R to side, prep body right (1). Recover onto L hitching R making a full turn left (2).

Easy option: Omit the full turn and just recover and hitch R (2).

3-4 Step R back sweeping L front to back (3). Step L back sweeping R front to back (4).

5&a Step R behind L (5). Step L to side (&). Step R to side (a).

6&a Step L behind R (6). Step R to side (&). Step L to side (a).

7-8a Step R back sweeping L front to back (7). Step L behind R (8). ¼ turn right stepping R fwd (a). [3:00]

17 – 24 FWD, FWD, BACK, BACK, BALL, R MAMBO, L MAMBO, WALK R-L

1-2 Step L diagonally fwd dragging R (1). Step R diagonally fwd dragging L (2).

3-4a Step L diagonally back dragging R (3). Step R diagonally back dragging L (4). Step L beside R (a).

Note: Dance counts 1-4 with a heavy/swinging motion.

5&a Rock R to side (5). Recover onto L (&). Step R beside L (a).

6&a Rock L to side (6). Recover onto R (&). Step L beside R (a).

7-8 Step R fwd (7). Step L fwd (8).

25 – 32 1/8 DIAMOND, DRAG, COASTER STEP, SWEEP, ¼ DIAMOND, DRAG, COASTER STEP, SWEEP

1&a2 Cross R over L (1). 1/8 turn right stepping L to side (&). Step R back (a). Step L back dragging R (2). [4:30]

3&a4 Step R back (3). Step L beside R (&). Step R fwd (a). Step L fwd sweeping R back to front (4)

5&a6 Cross R over L (5). ¼ turn right stepping L to side (&). Step R back (a). Step L back dragging R (6). [7:30]

7&a8 Step R back (7). Step L beside R (&). Step R fwd (a). Step L fwd sweeping R back to front (8)

Note: Your new wall will be at 6:00, so let the sweep naturally lead you towards 4:30 for the Cross rock (1).