

I Am —————
LOST IN LINE
————— *Dance*

Father And Son

32 count, 2 wall, Intermediate NC2S
Choreographed September 2025 by Charles Alexander (Swe)
Music: Father And Son by Yusuf / Cat Stevens
Album: Tea For The Tillerman (Remastered 2020) (3.41 min)
Intro: 16 counts, approx. 14 sec – 68 bpm



Website: www.lostinline.se

E-mail: charles.akerblom@gmail.com

Phrasing: 32, 32 (slow end), Tag (8-11), 32, Tag, 32, Tag, 32, 32, Tag/ending

1 – 9 SIDE, BEHIND, SIDE, CROSS ROCK, ¼ TURN, STEP, FULL TURN, ½ w/ SWEEP, BEHIND, SIDE, CROSS w/ SWEEP
1-2& Step R to side (1). Step L behind right (2). Step R to side (&).
3-4& Rock L over R (3). Recover onto L (4). ¼ turn left stepping L forward (&). [9:00]
5-6& Step R fwd (5). ½ turn right stepping L back (6). ½ turn right stepping R fwd (&).
7 ½ turn right stepping L back sweeping R front to back (7). [3:00]
8&1 Step R behind L. Step L to side. Cross R over L sweeping L back to front making 1/8 turn right. [4:30]

10 – 16 STEP-LOCK-STEP, CHASE ½ TURN, FULL TURN, ROCK & RUN BACK L-R

2&3 Step L fwd (2). Lock R behind L (&). Step L fwd (3). [4:30]
4&5 Step R fwd (4). ½ turn left taking weight on L (&). Step R fwd (5). [10:30]
6& ½ turn right stepping L back (6). ½ turn right stepping R fwd (&).
7&8& Rock L fwd (7). Recover onto R (&). Run L back (8). Run R back (&).

17 – 24 L ROCK BACK, R ROCK BACK, ¼ TURN, ½ TURN w/ LIFT, STEP, CROSS, BACK, SIDE, CROSS

1-2& Rock L back on right diagonal, facing 10:30 (1). Recover onto R (2). Step L to side (&). [12:00]
3-4& Rock R back on left diagonal, facing 1:30 (3). Recover onto L (4). ¼ turn left stepping R back (&). [10:30]

Note: On counts 1-4 you will naturally follow the swing motion from left to right while doing the rocks.

5-6 ½ turn left stepping L fwd lifting R leg back (5). Step R fwd (6). [4:30]
7&8& Squaring up to 3:00, cross L over R (7). Step R back (&). Step L to side (8). Cross R over L (&). [3:00]

25 – 32 LEFT BASIC, RIGHT BASIC, SWAY L-R, ¼ TURN, STEP, ½ TURN

1-2& Step L to side (1). Step R beside L (2). Cross L over R (&).
3-4& Step R to side (3). Step L beside R (4). Cross R over L (&).
5-6 Sway L (5). Sway R (6).
7-8& ¼ turn left stepping L fwd (7). [12:00] Step R fwd (8). ½ turn left taking weight on L (&). [6:00]

***Step change Wall 2* Make the Step, ½ turn on full counts (8-1).**

Tag: Happens after Wall 2 (counts 8-11) [12:00], Wall 3 [6:00], Wall 4 [6:00], Wall 6 (ending) [12:00].

1-7 SIDE, BEHIND, SIDE, CROSS ROCK, SIDE, WALK R-L, STEP, ½ TURN

1-2& Step R to side (1). Step L behind right (2). Step R to side (&).
3-4& Rock L over R (3). Recover onto L (4). Step L to side (&).
5-6 Step R fwd (5). Step L fwd (6).
7& Step R fwd (7). ½ turn left taking weight on L (&).

8-11 RIGHT BASIC, LEFT BASIC

1-2& Step R to side (3). Step L beside R (4). Cross R over L (&).
3-4& Step L to side (1). Step R beside L (2). Cross L over R (&).

Ending: After Wall 6 dance up to count 6 of the tag and keep walking forward.